EAPM 2015

Challenges and Chances for Psychosomatic Medicine in Health Care

PROGRAM

1st – 4th July, 2015 | Nuremberg, Germany
WELCOME OF THE CONFERENCE PRESIDENT / PRESIDENT OF THE EAPM

Dear colleagues,

Welcome to the third annual scientific conference of the European Association of Psychosomatic Medicine!

This conference is the successor meeting of the European Conference on Psychosomatic Research (founded in 1954) and the Annual Scientific Meeting of the European Association of Consultation-Liaison Psychiatry and Psychosomatics. After the unification of these two European organisations, the annual scientific conference of the EAPM started in 2013 in Cambridge, England, followed by the 2014 conference in Sibiu, Romania.

The growing numbers of participants and submission of abstracts show the increasing interest in our scientific field. It also reflects the growth of our association. The conference brings together an international, multi-professional line up of about 500 health care professionals to explore the latest advances in psychosomatic medicine and C-L psychiatry.

The motto of this year’s conference is Challenges and Chances for Psychosomatic Medicine. All four main topics, communication in health care, integrated and collaborative care, brain-immune interaction and the use of new media in psychotherapy with the medically ill reflect the interdisciplinary and interprofessional challenges and chances of Psychosomatic Medicine in research, education, and patient care. We are proud that so many excellent researchers followed our invitation to present their work.

Together with the Academy of Psychosomatic Medicine (APM), we organized a joint pre-conference for the second time. We continue this tradition with the topic “The Art and Science of Communication in Health Care”. We are very sad that one of the ‘fathers’ of the close co-operation between APM and EAPM, Wayne Katon, cannot be with us. He died recently from lymphoma. Wayne was a strong supporter of the transatlantic co-operation and actively took part in so many previous European conferences. We dedicate this conference to Wayne Katon.

Organising this conference in Nuremberg obliges to remember the specific history of Nuremberg and its importance for medicine, ethics, and humanity. The Nuremberg trials called the main Nazi criminals to account. In particular, the trial against Nazi physicians resulted in the ‘Nuremberg Code’ and in an increased attention in medical ethics. By organizing special lectures in the historic courtyard 600 we pay respect to this history.

Finally, we are happy to present two new scientific awards: The Alison Creed Award for the lifetime achievement in Psychosomatic Medicine and C-L Psychiatry, and the Young Researchers’ Award sponsored by Elsevier. The Frits Huyse Award will be presented at this conference for the second time. I’m very greatful for the sponsors and I’m very much looking forward to the lectures of the awardees.

I wish you an interesting conference with vivid discussions and interesting encounters

Wolfgang Sollner
Congress President & President of EAPM

WORDS OF GREETING
BY THE LORDMAYOR OF NUREMBERG

The city of Nuremberg welcomes all participants of 3rd Annual Scientific Conference of the European Association of Psychosomatic Medicine!

Nuremberg is the second largest city of Bavaria, a modern industrial town with well known universities and colleges of advanced technology. The rich history is well represented in the city’s architecture, its museums and exhibitions. In medieval times, Nuremberg was one of the most important cultural centres in Middle Europe, a city where the Roman Catholic German emperors resided and Dürer brought renaissance art to Germany.

However, it is also the city of the Reichsparteitage of the Nazi regime and the city of the Nuremberg trials. Nuremberg has taken up this historic challenge and set up a documentation center on the crimes of Nazism and the Memorium of the Nuremberg trials. Nuremberg feels committed to the human rights in a particular way. In 1993, Nuremberg founded the “International Human Rights Award. The award is intended to contribute to the protection of endangered human rights defenders and to encourage others to commit themselves to human rights. It is presented every two years to individuals or groups who have, in an exemplary manner, committed themselves to human rights, sometimes at considerable personal risk.

In the same year, the ‘Way of Human Rights’ was presented to the public. Each of its pillars is inscribed with a short version of one of the 30 articles of the “Universal Declaration of Human Rights” of 1948. The work of art created by the Israeli artist, Dani Karavan, reminds us of the darkest chapters of German and Nuremberg history, but at the same time also symbolises the victory of humanity over barbarism and nurtures hopes of a world where all people may live in dignity, peace and freedom. The “Memorium Nuremberg Trials” points to Nuremberg as the venue of one of the milestones of international law: at the historic site, it provides information about the history, the course and the repercussions of the International Military Tribunal which tried the leading representatives of the Nazi regime.

Especially against the background of the German history, the development and advancement of a medical practice, which combines knowledge and respect for the physical and the psychosocial aspects of health and disease seems of the highest priority.

I’m very glad that the annual conference of the EAPM takes place in Nuremberg. The Nuremberg General Hospital was one of the first German hospitals to install a Department of Psychosomatic Medicine which offers psychosomatic liaison services for all medical and surgical departments. This allows a better support of severely ill patients in our city. It has received wide recognition in Germany and abroad and is called ‘the Nuremberg model of integrated psychosomatic care’ and fits to the humanistic guidelines adopted by the city council with the motto of “Nuremberg – City of Peace and Human Rights”.

I hope you enjoy the conference and your stay in Nuremberg.

Dr. Ulrich Maly
Welcome of the Chair of the General Hospital Nuremberg

The Nuremberg Hospital with about 2400 beds is one of the largest municipal hospitals in Europe, offering first-class diagnostic and therapeutic medicine. With 38 specialist departments, one of it being the clinic for psychosomatic medicine, with two locations, one in the north and one in the south of the city, and with its staff of 5,200, Nuremberg Hospital is the biggest health service provider of the Nuremberg Metropolitan Region.

In 1980, the department of Psychosomatic Medicine and Psychotherapy was founded - one of the first psychosomatic departments in a general hospitals in Germany. Regarded as a ‘strange flower’ by many physicians in the first years after its foundation, the psychosomatic department established itself as a necessary and indispensable partner for every medical discipline in the treatment of chronic and severe diseases. From the beginning, the department focused on the liaison approach of co-operation with all medical and surgical departments. Patients, their relatives and the medical staff view the psychosomatic specialists as members of the different medical teams and not as ‘strangers’. This contributes to enhance a bio-psycho-social view of illness and medical treatment in patients and health care providers.

In addition, the Department of Psychosomatic Medicine runs an in-patient ward and a day hospital for the treatment of psychosomatic disorders. It participates in three interdisciplinary units, the Geriatric day hospital, the Pain day hospital, and the Med-Psych Unit. This co-operation allows to integrating psychosomatic diagnosis and therapy in the treatment of severely medically ill patients.

However, the activity of psychosomaticists is not only important for patient care but also for team collaboration and work satisfaction of health care staff. The psychosomatic liaison specialists support medical teams in emotionally burdensome situations and in difficult ethical decisions. Since more than 10 years, the department of Psychosomatic Medicine organises communication skills trainings for medical staff. More than 250 physicians participated in these courses so far. Three months after this training, participants felt more competent in communication skills but also expressed more satisfaction with work.

Our patients place their trust in the medical and care services as well as in the innovative medical technology we provide. Thus, it is extremely important to us that our specialists work hand in hand across medical disciplines and build interdisciplinary medical networks. Models of collaborative and integrative care as well as training of communication skills, as it is part of the program of the EAPM 2015 conference, guarantees the best medical treatment for our patients.

Dr. Alfred Estelmann
Chair

Welcome of the Vice-Dean of the Paracelsus Medical University Nuremberg

Dear colleagues,

As the Paracelsus Medical University (PMU) we are looking forward to welcoming the European Association of Psychosomatic Medicine in Nürnberg.

The PMU Nürnberg was founded last year as a cooperation between the PMU Salzburg Austria and the General Hospital Nuremberg. Our first class began their studies in September 2014 and we are very happy to be able to contribute to the study of medicine in Germany. This small private university allows the General Hospital Nuremberg – after all, one of the largest general hospitals in Europe – to become even more engaged in research. Our program emphasizes not only early hands on training in the clinics but also extensive research already during medical school.

International conferences like the annual meeting of the EAPM show how continuing inquisitive research is necessary and crucial in medicine. The exchange of ideas and findings stimulate new ones and are fundamental for continued advancement in medical treatment. Some of the new findings at this conference may well find their way into medical school lecture halls soon. We at the PMU, on the other hand, will work on educating future professionals to join your lines at future conferences.

We wish the annual meeting of the EAPM 2015 a successful and innovative conference.

Yours sincerely

Martin Wilhelm
Vice-Dean Research / Paracelsus Medical University Nuremberg
**Welcome of the President of the German College of Psychosomatic Medicine**

Dear colleagues,

On behalf of the German College of Psychosomatic Medicine (DKPM) a very warm welcome to the third annual conference of the European Association of Psychosomatic Medicine (EAPM) 2015 entitled “Challenges and Chances for Psychosomatic Medicine in Health Care”. Wolfgang Söllner and his colleagues are to be congratulated for bringing together international experts in our field from Europe and overseas at this excellent meeting in Nuremberg, a place with a long tradition of psychosomatic medicine!

Over the last years the DKPM and the EAPM have established a close collaboration, starting with cutting edge EAPM lectures at the annual German conference of Psychosomatic Medicine in Berlin, this year hold by Prof Michael Sharpe (Oxford, UK) and Prof Peter White (London, UK).

We are particularly delighted to jointly organize Carus master classes at EAPM and DKPM meetings having the common goal to provide colleagues who have taken part in both formats with an European EAPM/DKPM Carus master class certificate.

The DKPM wishes all participants a highly interesting and fruitful conference, uniting colleagues from different countries, different health care systems and different professional backgrounds but all dedicated to the future of psychosomatic medicine.

Yours sincerely

Stephan Zipfel
President of the DKPM

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**Welcome of the President of the German Association for Psychosomatic Medicine and Psychotherapy**

Dear colleagues,

On behalf of the German Association for Psychosomatic Medicine and Psychotherapy (DGPM) I cordially welcome you to the 3rd Annual Conference of the European Association of Psychosomatic Medicine (EAPM). We are delighted that Wolfgang Söllner and his colleagues succeeded in organizing this excellent congress with numerous notable international experts in Nuremberg. Congratulations to the team!

Over the past decades a rich and comprehensive psychosomatic “care landscape” has emerged in Germany. About 200 psychosomatic departments and 160 psychosomatic rehabilitation clinics offer inpatient treatment for more than 200,000 patients with psychosomatic disorders per year. Psychosomatic medicine is also strongly present in outpatient care. More than 4,000 physicians are specialized in psychosomatic medicine and psychotherapy, 13,000 physicians of different specialties have an additional qualification in psychotherapy, and 35,000 general practitioners received an intensive training in basic psychosomatic healthcare. Together with psychiatrists and psychological psychotherapists they provide care for patients with mental and psychosomatic disorders. Every year more than 1 million people receive psychotherapy, often lasting longer than 25 sessions.

Only last month the German Medical Association has emphasized the importance of this sophisticated and differentiated psychosomatic care for the medical profession and the health care system in general. Thus, psychosomatic medicine has arrived to become an integral part of the whole range of medical care in Germany.

In light of the above we are very much looking forward to a lively dialogue with international experts. Hereby, the search for innovative and evidence based forms of psychosomatic care will be a main focus. I am firmly convinced that this dialogue will show new ways and perspectives for the field of psychosomatic medicine – in Germany and beyond.

Nuremberg with its psychosomatic tradition and beautiful locations will provide an excellent ambience for our purpose.

I wish us all a lively exchange of ideas and eventful days.

Yours sincerely

Johannes Kruse
President of the DGPM
Welcome & Greetings

Welcome of the President of the Academy of Psychosomatic Medicine (USA)

We would like to welcome attendees to the joint APM-EAPM preconference day that is scheduled for July 1, 2015 in Nuremberg, Germany. This directly precedes that start of the EAPM conference and is the second joint collaborative meeting between our sister organizations. The first was held in July 2013 in Cambridge, England and focused on international perspectives on integrated and collaborative care. Speakers included experts on the subject including: Michael Sharpe, Jurgen Unutzer, Carsten Leue, Christoph Herrmann-Lingen, Simon Gilbody, and our beloved Wayne Katon, former APM President. For those who are not aware, Dr. Katon recently passed away and we hope to honor his spirit of intellectual curiosity, collegiality, and devotion to enhancing patient care in July. This year’s APM-EAPM conference is focused on the theme of “The Art and Science of Communication in Healthcare” and will include speakers from both of our organizations. The theme echoes that of the upcoming annual APM meeting in New Orleans in November 2015 where we will continue to foster communication about research and clinical experiences in Psychosomatic Medicine from both a national and international perspective.

Cathy Crone
President of the APM

Sponsors & Supporters

We like to THANK all our partners for their support!

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Lilly

Servier

Special Sponsors

The Deutsche Forschungsgemeinschaft (German Research Foundation) supports EAPM 2015.

Carl Gustav Carus Stiftung für psychosomatische Forschung supports the EAPM 2015 Masterclasses.
When Nuremberg had recovered from the destruction and commotion of the Second World War, and the basic needs were satisfied, the necessity for a place for culture and music grew bigger and bigger.

The building of the Meistersingerhalle began 1960, the official inauguration took place on September 7, 1963. The Nuremberg City Council named the new concert hall after Richard Wagner’s opera „Die Meistersinger von Nürnberg“.

Nuremberg was delighted by its new Meistersingerhalle, since it was one of the most modern, most sophisticated and progressive concert halls in Europe at that time. It really was the centre for musical, cultural and social events.

Today, the program of the Meistersingerhalle is manifold: classical concerts, rock and pop shows, musicals, celebrations, exhibitions and conferences (like the EAPM 2015 conference) take place in the rooms and halls of the imposing building. Approximately 340,000 visitors enjoy around 800 events during the year. Finally, the Meistersingerhalle is stated as a class listed monument of the 60’s architecture since 2007.

EAPM 2015 hopes you will enjoy the 60’s peachiness of the venue!

MEISTERINGERHALLE NUREMBERG

Address
Meistersingerhalle
Münchener Straße 21
90478 Nürnberg
Lecture Hall  
All Plenary Sessions

Conference rooms 1-7  
Classes, Courses, Scientific Symposia, Workshops and Meetings

Media collection  
Central check-in for all presentations

Foyer  
Area for breaks, exhibition and poster sessions

Bistro  
Place for relaxing and discussion
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<tr>
<th>TIME</th>
<th>WEDNESDAY JULY 1</th>
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| 09:00     | Communicating with patients with serious medical illness and their treatment teams: lessons learned from the trenches (C. Crone, Washington DC, USA)  
General rules and creativity in clinical communication about medically unexplained symptoms (P. Salmon, Liverpool, UK) |
| 10:30     |                                       |
| 12:30     | Communication skills in models of collaborative care (J. Unützer, Seattle, USA)  
Discussant (T. Wise, Washington DC, USA) |
| 13:30     | Lunch Break                       |
| 13:30     | The multicenter KOMPASS study – Results and consequences for clinical practice (M. Keller, Heidelberg, DE)  
Experiences with training physicians at the Sloan Kettering Cancer Center (P. Bialer, New York, USA) |
| 15:00     |                                       |
| 15:30     | 20 years research on communication skills training for physicians – What is the lesson to learn? (W. Langewitz, Basel, CH)  
Discussant and closing remarks (F. Stiefel, Lausanne, CH) |
| 17:00     | Get Together in Meistersingerhalle  |
| 18:00     | Bus transfer from the Conference Venue Meistersingerhalle to the Memorium |
| 19:00     | Anatomy of Malice: the Rorschach tests of the Nuremberg War Criminals (J. Dimsdale, San Diego, USA)  
The Nuremberg Medical Trials – Lessons to be learned (K.H. Leven, Erlangen/Nuremberg, DE) |
| 21:00     | ***Plenary Lectures***  
**Special Lecture**  
***Accompanying Events***  
**Conference Room 6** |
Program – Thursday, July 2nd, 2015

Thursday July 2nd, 2015

EAPM 2015

Challenges and Chances for Psychosomatic Medicine in Health Care

Get Together in Meistersingerhalle

18:15 - 19:00

Bus Transfer

Bus transfer from the Conference Venue Meistersingerhalle to the Memorium (included) (approx. 30 min.)

19:00 - 20:30

Special Lecture

Special Lectures in the Historic Court Yard 600
Venue: Memorium Nuremberg Trials, Bärenschanzstraße 72, 90429 Nürnberg

Chair: W. Söllner (Nuremberg, Germany)

Greetings: C. Strötz, President of the Higher Regional Court
           Florian Dierl, Director Documentation Centre Nazi Party Rally Grounds and Memorium Nuremberg Trials

Anatomy of Malice: the Rorschach Tests of the Nuremberg War Criminals
J. Dimsdale (San Diego, USA)

The Nuremberg Medical Trials – Lessons to be learned
K.H. Leven (Erlangen/Nuremberg, Germany)

Special: Introduction by H. Claussen and visit of the Memorium exhibition after the lectures
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<td>EAPM Working Group</td>
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<td>Lunch Break <em>(see p. 87)</em></td>
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**EAPM Executive Council Meeting** *(Closed Session)*

**EAPM Advisory Board Meeting** *(Closed Session)*

**Research on Implementation and Outcome of Models of Collaborative Care**
*Chair: J. Unützer (Seattle, USA)*
*For detailed information see p. 76*

**Symptoms Research in Psychosomatic Medicine - Conducting Practical Clinical Trials**
*Chair: K. Kraenke (Indianapolis, USA)*
*For detailed information see p. 76*

**Neurobiological Research Methods in Psychosomatic Medicine: New Perspectives**
*Chair: J. Rundell (Rochester, USA), U. Malt (Oslo, Norway), T. Elvsåshagen (Oslo, Norway)*
*For detailed information see p. 77*

**Intensive Short-term Dynamic Psychotherapy: An Introduction to the Method Demonstrated by Audiovisually-Recorded Interviews With a Patient With Somatization Disorder**
*Chair: I. Ostertag (Nuremberg, Germany)*
*For detailed information see p. 78*

**Update of Psychopharmacological Treatment of Medically Ill Patients**
*Chair: J. Levenson (Richmond, USA)*
*For detailed information see p. 79*

**Stop Wasting Money!**
*How to Deploy Integrated Medical and Psychiatric Services with Clinical and Economic Value*
*R. Kathol (Minneapolis/Brunsville, USA), Ch. Lattimer (Little Rock, USA)*
*For detailed information see p. 77*

**Family Therapy for Adolescents with Functional Somatic Symptoms: A Systemic Narrative Approach on a Biopsychosocial Foundation**
*Chair: G. Dehlholm (Odense, Denmark)*
*For detailed information see p. 79*

**Primary Care (Open Session)**
*Chair: A.F. Allaz (Geneve, Switzerland), H.C. Deter (Berlin, Germany)*

*powered by pdl*
### Opening Session

**Conference President:** W. Söllner (Nuremberg, Germany)

#### Greetings

- **P. Pluschke (Counsellor for Health and Environment of the City of Nuremberg, Germany)**
- **M. Wilhelm (Vice-Dean Research, Paracelsus Medical University Nuremberg, Germany)**
- **A. Estelmann (Chair, General Hospital Nuremberg, Germany)**

### Integrative and Collaborative Care

**Chair:** W. Söllner (Nuremberg, Germany), J. Levenson (Richmond, VA, USA)

- **Integrating care: A global mental health issue**
  
  - **R. Summergrad (Boston, USA)**

- **Collaborative care for the depressed medically ill patient: Implementation and outcome**
  
  - **J. Unützer (Seattle, USA)**

### 14:45 – 16:30 Scientific Symposium

**Illness Mechanisms in Functional Somatic Syndromes and Somatic Symptom Disorder**

**Chairs:** A. Schröder (Aarhus, Denmark), J.G.M. Rosmalen (Groningen, The Netherlands)

- **The need for a generic, balanced, data-driven understanding of functional somatic syndromes and somatic symptom disorder**
  
  - **A. Schröder (Aarhus, Denmark)**

- **Less is more. A critical view on etiological models of functional somatic symptoms**
  
  - **J.G.M. Rosmalen (Groningen, The Netherlands)**

- **Developmental trajectories and risk factors of functional somatic symptoms: A synthesis of findings from two large epidemiological studies**
  
  - **C.U. Rask (Aarhus, Denmark)**

- **What can we learn about functional somatic syndromes form neuroimaging studies?**
  
  - **K.J. Pallesen (Aarhus, Denmark)**

- **Psychological mechanisms consistently associated with functional and somatoform disorders**
  
  - **M. Kleinstäuber (Marburg, Germany)**

### 14:45 – 16:30 Scientific Symposium

**A Bio-Psycho-Social Perspective on HIV/AIDS**

**Chairs:** J. Blanch (Barcelona, Spain), S. Ferrari (Modena, Italy)

- **Psychiatric comorbidities in HIV/AIDS patients**
  
  - **J. Blanch (Barcelona, Spain)**

- **Psychosocial work with HIV-AIDS patients and families through community health care workers in South Africa**
  
  - **U. Merk (Frankfurt, Germany)**

- **Working with HIV/AIDS patients in San Francisco**
  
  - **S.A. Frankel (San Francisco, USA)**

- **The HD project – biomarkers of depression in HIV newly diagnosed patients**
  
  - **S. Ferrari (Modena, Italy), M. Menozzi, S. Alboni, M. Miselli, M. Rigatelli, A. Ghidoni**

- **Antidepressant treatment associated with antiretroviral medications: The significant contribution of the pharmacist in consultation-liaison psychiatry**
  
  - **M. Guitteny (Nantes, France)**
14:45 – 16:30 Scientific Symposium Conference room 2

New Insights into Stress Regulation and Stress Related Risk Factors for Incident Type 2 Diabetes Mellitus.

Chairs: K.-H. Ladwig (Munich, Germany), J. Kruse (Giessen, Germany)

Increasing risk for incident type 2 diabetes by sub-threshold stress conditions:
Findings from the population-based MONICA/KORA cohort study
J. Baumert (Munich, Germany), K. Lukaschek, J. Kruse, R.T. Emeny, C. Meisinger, K.H. Ladwig

Lack of social interaction as risk factor for T2DM-onset: Findings from the population-based MONICA/KORA study
K. Lukaschek (Munich, Germany)

Higher body mass index (BMI) relates to lower glucocorticoid inhibition of inflammatory cytokine production following acute psychosocial stress in men
P.H. Wirtz (Konstanz, Germany)

Association of salivary cortisol levels and type 2 diabetes in the KORA-Age study
H. Johar (Munich, Germany)

A review of the functional and molecular implications of stress, neurotrophins and neuropeptides in type 2 diabetes development and progression
E. Peters (Giessen, Germany)

Early childhood adversity and T2 diabetes onset in adult life
J. Kruse (Giessen, Germany)

14:45 – 16:30 Scientific Symposium Conference room 3

Transplantation I: Challenges in Transplant Psychiatry - the 2015 update
Chair: P. Zimbren (New Haven, USA), K.L. Coffman (Cleveland, USA), F. Vitinius (Cologne, Germany)

Eating disorder symptoms in liver transplant recipients
K. Cartiera (New Haven, USA), L. Dudley, G. Babas, S. Emre

Expanding the role of transplant psychiatrist on a liver transplant team
S. Hafliger (New York, USA)

The Know-How of Face transplant psychiatric evaluation
K.L. Coffmann (Cleveland, USA)

Differentiated assessment of personality and its implications in living kidney donation
R. Conrad (Bonn, Germany)

The Stanford integrated psychosocial assessment for transplantation, healthcare utilization, and adverse medical events for 3 years post-kidney transplantation

14:45 – 16:30 Scientific Symposium Conference room 4

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The Stanford integrated psychosocial assessment for transplantation, healthcare utilization, and adverse medical events for 3 years post-kidney transplantation

14:45 – 16:30 Scientific Symposium Conference room 4

Mood and Emotion in People with Chronic Pain
Chairs: A. Ciaramella (Pisa, Italy), A.F. Allaz (Geneve, Switzerland)

A genetic model for chronic widespread pain: clinical comorbidities and psychological correlates
A. Burri (Zurich, Switzerland), S. Ogata, G. Lachance, F. Williams F

Depression in chronic pain patients - questioning a narrow concept within a complex condition
U. Kaiser (Dresden, Germany)

Mood spectrum disorders in chronic pain patients
A. Ciaramella (Pisa, Italy), P. Poli

Mindfulness and chronic pain. What is next step?
P.C. la Cour (Copenhagen, Denmark)

Emotional aspects of chronic pain
A.F. Allaz (Geneve, Switzerland), C. Cedraschi
Teaching Breaking Bad News to medical students: an efficacy study comparing two teaching programs
A. Berney (Lausanne, Switzerland)

Does patient-centered communication matter? Cancer patients’ perspective
J. Zwingmann (Heidelberg, Germany), M. Keller

16:30 – 16:45 Coffee break Foyer

16:45 – 17:30 Poster Session 1 Foyer

17:30 – 19:15 Scientific Symposium

Somatic Symptom/Somatoform Disorders – Diagnosis and Treatment in Primary Care
Chairs: H.C. Deter (Berlin, Germany), A.F. Allaz (Geneve, Switzerland)

A Danish nationwide educational program for primary care physicians in the treatment of bodily distress/medically unexplained symptoms
P.K. Fink (Aarhus, Denmark)

A systematic review of the current barriers to diagnosing somatoform disorders in primary care
A.M. Murray (Hamburg, Germany), A.Toussaint, A. Althaus, B. Löwe

Diagnostic accuracy for somatoform disorders and comorbid depression and anxiety disorders in primary care
K. Lau (Hamburg, Germany), B. Groß, M. Gladigau, A. Kuby, M. Shedden-Mora, B. Löwe

Development and validation of a new self-report measure:
The ‘Somatic Symptom Disorder - B Criteria Scale (SSD-12)’
A. Toussaint (Hamburg, Germany), A.M. Murray, K. Voigt, B. Herzog, B. Gierk, K. Kroenke, W. Rief, P. Henningsen, B. Löwe

Enhanced medical care – means of choice in somatoform disorders?
Experiences from a randomized clinical trial “PISO”
H. Sattel (Munich, Germany)
<table>
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<tr>
<th>Time</th>
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<tr>
<td>17:30 – 19:15</td>
<td>Illness Perceptions and Explanatory Models - What Can We Learn from Different Cultures</td>
<td>Chairs: R. Burian (Berlin, Germany), I. Tarricone (Bologna, Italy)</td>
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<td>Explanatory models of psychosis amongst British South Asians</td>
<td>A. Bhikha (Manchester, UK), S. Farooq, N. Chaudhry, F. Naeem, N. Husain</td>
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<td>Symptoms between social and cultural psychiatry: The kids are alright? Understanding syndromes related to digital age</td>
<td>P. Ciancani (Rome, Italy), E. Albieri, A. Piazza</td>
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<td>Current understanding of hypnosis in psychotherapy: A cross bridge between different cultural explanatory models in psychiatry?</td>
<td>J. Mertens (Sneek, The Netherlands)</td>
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<td>Experiences from Norway - two case reports of highly complex patients with migrational background</td>
<td>O. Christiansen (Forde, Norway), V. Preljevic</td>
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<td>Nobody told me about it! A qualitative study of barriers and facilitators in access to mental health services in women with depression in Karachi, Pakistan</td>
<td>F. Batool (Boston, USA), U. Boehmer, F. Feeley, S. Foster</td>
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<td>17:30 – 19:15</td>
<td>Brain &amp; Bowel</td>
<td>Chairs: D. Dumitrascu (Cluj, Romania), P. Enck (Tübingen, Germany)</td>
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<td>Population prevalence and psychosocial profile of chronic constipation of somatic and functional origin</td>
<td>P. Enck (Tübingen, Germany), J. Schwille-Kiuntke</td>
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<td>Management of Irritable Bowel Syndrome (IBS) in a low income country: Exploratory randomised controlled trial of a culturally adapted psychological intervention and Imipramine</td>
<td>N. Husein (Manchester, UK)</td>
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<td>Adverse childhood experiences and associations with self-reported gastrointestinal symptoms in young adults</td>
<td>A. Baban (Cluj-Napoca, Romania) A. Cozma, R. Balazsi, D. Dumitrascu</td>
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<td>Prognosis of the irritable bowel syndrome – A longitudinal follow-up study of the general population in Denmark</td>
<td>C.H. Poulsen (Glostrup, Denmark), M. Eliasen, C. Hjorthøj, L.F. Eplov, P.K. Fink, T. Jørgensen</td>
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<td>The role of mood in irritable bowel syndrome symptom severity and the quality of life</td>
<td>S. Pletikosic (Rijeka, Croatia), M. Tkalčić, G. Hauser</td>
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<td>17:30 – 19:15</td>
<td>Transplantation II: Standardizing Psychosocial Assessment of Transplant Candidates</td>
<td>Chairs: T. Schneekloth (Rochester, USA), F. Vitinius (Cologne, Germany)</td>
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<td>Assessment and treatment of alcohol use disorders in liver transplant candidates</td>
<td>T. Schneekloth (Rochester, USA), I. Mega, F. Vitinius, C. Papachristou, J.R. Maldonado, S.G. Jowsey-Gregoire</td>
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<td>Identifying high risk characteristics of living kidney donors</td>
<td>S.G. Jowsey-Gregoire (Rochester, USA)</td>
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<td>The hand transplant evaluation</td>
<td>M. Kumnig (Innsbruck, Austria)</td>
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<td>Predictive value of the SIPAT for post-transplantation outcomes</td>
<td>J.R. Maldonado (Stanford, USA)</td>
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<td>Trends and challenges in Europe in standardizing the psychosocial assessment and care of transplant candidates and organ donors</td>
<td>C. Papachristou (Berlin, Germany), I. Mega, F. Vitinius</td>
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<td>Association between anxiety and depressive symptoms with metabolic syndrome in primary care: results of an Italian cross-sectional study involving outpatients.</td>
<td>G. Mattei (Modena, Italy), G. Rioli, S. Ferrari, G.-M. Galeazzi, S. Bursi, S.M. Padula, L. Pingani, M. Rigatelli</td>
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<td>Psychological distress and quality of life in lung transplant patients: A six months observational study</td>
<td>A. Seiler (Zurich, Switzerland), J. Jenewein, C. Martin-Soelch, L. Goetzmann, I. Inci, W. Weder, M. Schuurmans, C. Benden, A. Brucher, R. Klaghofer</td>
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<td>A cross-cultural comparison of climacteric symptoms</td>
<td>Y. Zhang (Freiburg, Germany/ China), X. Zhao, M. Nadig, R. Leonhart, A. Hasenburg, M. Wirsching, K. Fritzsche</td>
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<td>Analysis of current state regarding teaching and assessment of communication skills in undergraduate medical education in Germany</td>
<td>C. Weiss (Heidelberg, Germany), K. Kröll, E. Fellmer-Drüg, N. Ringel, M. Sator, J. Jünger</td>
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17:30 – 19:15 Scientific Symposium  
Conference Room 6

**Psycho-Cardiology**  
*Chairs: C. Herrmann-Lingen (Göttingen, Germany), M. Beresnevaite (Kaunas, Lithuania)*

- Association of the Type D personality with SCID diagnosis of mental disorders - results from the SPIRR-CAD trial  

- Enhancement of physical activity for elderly patients with diastolic heart failure by a psychosocial motivational intervention (pilot data from an add on study to the Ex-DHF Trial)  
  A. Bosbach (Göttingen, Germany), F. Edelmann, K. von Oehsen, R. Wachter, C. Herrmann-Lingen

- Individual symptoms of depression across age and sex in the prediction of all-cause mortality in patients with myocardial infarction  
  R. de Miranda Azevedo (Groningen, The Netherlands), A.M. Roest, P. de Jonge, J. Denollet

- WEB-based distress management program for implantable CARdioverter deFlbrillator patients (WEBcare): Results and lessons learnt  

- The effect of gender on health-related quality of life in depressed post-cardiac surgery patients  
  M. Beresnevaite (Kaunas, Lithuania), R. Benetis, S. Rasinskiene, S. Kinduris

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19:15 – 20:00 Accompanying Event  
Foyer

**Get Together in Meistersingerhalle**

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17:30 – 19:15 Scientific Symposium  
SOM  
Conference Room 7

**Somatoform and Related Disorders in Children and Adolescents – Clinical Aspects and Treatment**  
*Chairs: C.U. Rask (Aarhus, Denmark), E. Weisblatt (Beeston, UK)*

- ACT-based group therapy of severe functional disorders in adolescents: presentation of pilot data  
  K.H. Kallesøe (Aarhus, Denmark), A. Schröder, T. Preuss, R. Wicksell, P. Fink, C.U. Rask

- Clinical features of children with functional somatic symptoms referred to psychiatric treatment  
  S. Tøt-Strate (Odense, Denmark), G. Delholm-Lambertsen, K. Lassen, C.U. Rask

- Attachment style and perceived social support as predictors of somatoform disorders in adolescents  
  O. Popa-Velea (Bucharest, Romania), C. Trutescu, I. Cioca, L. Diaconescu

- Diagnostic practice of psychogenic nonepileptic seizures (PNES) in the pediatric setting  
  B.T. Wichaidit (Aarhus, Denmark), J.R. Østergaard, C.U. Rask

- Health anxiety, illness beliefs and functional symptoms in children of mothers with severe health anxiety – an exposure study  
  M.V. Thorgaard (Aarhus, Denmark), L. Frostholm, L. Walker, C.U. Rask

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19:30 – 22:00 Meeting  
Conference Room 4

**DGPM Bayern Mitgliederversammlung (Closed Session)**  
*Chair: G. Berberich (Windach, Germany)*

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20:00 – 22:00 Meeting  
Conference Room 7

**EAPM General Assembly (Closed Session)**  
*Chair: W. Söllner (Nuremberg, Germany)*
Program – Friday, July 3rd, 2015

EAPM 2015

Challenges and Chances for Psychosomatic Medicine in Health Care

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Plenary Lectures
Scientific Symposia
EAPM Special Interest Groups/Working Groups
Meetings
Accompanying Events
8:00 – 9:00 Workshop Conference Room 1

Violence Towards Care Providers in the General Hospital: Strategies for Assessment, Treatment, Safety, and Risk Reduction
Chair: R. Brendel (Boston, USA), J. Rundell (Rochester, USA)
For detailed information see p. 80

8:00 – 9:00 Workshop Conference Room 2

The ICD-10-Symptom-Rating-Plus (ISR+)
Chair: K. Tritt (Regensburg, Germany), M. Zaudig, F. von Heymann, T. Loew, W. Söllner
For detailed information see p. 81

8:00 – 9:00 Workshop Conference Room 3

The Patient Holds the Key - Idiolectics as an Innovative Interviewing Technique for Effectively Activating Patients Participation in the Therapeutic Process Following Their Idiosyncratic language
Chair: T. Rentel (Erlangen, Germany)
For detailed information see p. 81

8:00 – 9:00 EAPM Working Group Conference Room 4

Organization of Care (Open Session)
Chair: M. Bühring (Zeist, The Netherlands) & S. A. Frankel (San Francisco, USA)

8:00 – 9:00 Workshop Conference Room 7

Teaching and Assessment of Communication Skills in Medicine – from National to European Concept
Chair: J. Jünger (Heidelberg, Germany)
For detailed information see p. 82

9:00 – 10:30 Plenary Lecture Lecture Hall

Brain Immune Interaction
Chairs: J. Maldonado (San Francisco, USA), C. Schubert (Innsbruck, Austria)

Immune-to brain interactions in the development of sickness behavior and depression
R. Dantzer (Houston, USA)

How to understand health consequences of complicated grief: Neuroscience findings and clinical implications
M.F. O’Connor (Tucson, USA)

10:30 – 11:00 Coffee Break Foyer

11:00 – 12:30 Scientific Symposium S/PNI Lecture Hall

Brain-Immune Associations in Chronic Fatigue
Chairs: J. Maldonado (San Francisco, USA), P.D. White (London, UK)

Mood and anxiety disorders in chronic fatigue syndrome, fibromyalgia, and irritable bowel syndrome. Results from LifeLines
K. Janssens (Groningen, The Netherlands), W. Zijlema, M. Joustra, J. Rosmalen

Systematic review of circulating cytokines in chronic fatigue syndrome
P.D. White (London, UK), L. Blundell, K. Ray, M. Buckland

Cortical hypoactivation during resting EEG suggests CNS pathology in patients with chronic fatigue syndrome
J. Maldonado (San Francisco, USA)

Case control study of circulating cytokines in chronic fatigue syndrome
P.D. White (London, UK), L. Clark, J.M. Thomas, M. Murphy, M. Buckland
### Scientific Symposium

#### Conference Room 1

**Psychotherapy in the Medically Ill**  
*Chairs: S. Ferrari (Modena, Italy), R. Burian (Berlin, Germany)*

Towards a possibility of psychotherapy for patients with diabetic foot ulcer in a surgical hospital  
*O. Isachenkova (Nizhni Novgorod, Russia)*

Hope for the hopeless or old wine in new bottles: ACT in chronic pain  
*R. Burian (Berlin, Germany), A. Diefenbacher*

Group therapy with the medically ill  
*M. Novak (Budapest, Hungary)*

Group therapy with elderly patients  
*K. Schwartz (Toronto, Canada)*

#### Conference Room 2

**From Couples to Parents: Life-long Psychobiological Adaption**  
*Chairs: U. Ehlert (Zurich, Switzerland), B. Ditzen (Heidelberg, Germany)*

Modern fatherhood and its consequences on psychobiological well-being  
*P. Waldvogel (Zurich, Switzerland), U. Ehrlert, Cenof*

Modulation of couples’ stress hormones in everyday life through a minimal couple intervention  
*B. Ditzen (Heidelberg, Germany), C. Spoerri, G. Bodenmann,*

The challenge of becoming parents  
*V. Anderegg (Zurich, Switzerland), G. Bodenmann, K.W. Halford*

Specific levels of competence in the context of mental or physical health in partnerships  
*K. Petrowski (Dresden, Germany), S. Schurig, P. Joraschky*

#### Conference Room 3

**Characteristics and Treatment of People Who Attend the Emergency Department**  
*Chairs: E. Guthry (Manchester, UK), T. Hyphantis (Ioannina, Greece)*

Predictors of attendance at the Emergency Department in a population of patients with COPD  
*E. Guthrie (Manchester, UK), A. Blakemore, B. Tomenson, C. Afzal*

Illness perceptions of people with chronic illnesses attending the emergency department are associated with suicidality risk independent of depressive and anxiety disorders  
*T. Hyphantis (Ioannina, Greece), A. Ninou, E. Ntountoulaki, V. Paika, A.F. Carvalho*

Psychological treatment for people who present to the emergency room following self-harm: psychodynamic-interpersonal therapy  
*C. Turpin (Manchester, UK), R. Jordan, L. Lau*

Setting up a primary care clinic for people at risk of self-harm  
*J. Jorden (Manchester, UK), C. Turpin, T. Lau*

#### Conference Room 4

**Patients with Multiple Somatic Symptoms in China**  
*Chairs: K. Fritzschke (Freiburg, Germany), R. Schäfert (Heidelberg, Germany)*

Dysfunctional illness perception and illness behaviour associated with high somatic symptom severity and low quality of life in general hospital outpatients in China  
*Y. Zhang (Chengdu, China), K. Fritzschke, R. Leonhart, R. Nater-Mewes, A. Larisch, R. Schäfert*

Quality of doctor-patient relationship in patients with high somatic symptom severity in China  
*H. Wu (Shanghai, China), K. Fritzschke, R. Schäfert, Y. Zhang, A. Larisch*

Connections between physical symptom severity, health anxieties, perception of the disease, emotional stress and quality of life in one sample of Chinese breast cancer patients  
*R. Leonhart (Freiburg, Germany), I. Fischer, H. Koch, L. Tang, Y. Pang, R. Schäfert, K. Fritzschke*

Comparison of the factorial structure of the PHQ-15 between Germany and China  
*R. Leonhart (Freiburg, Germany), K. Fritzschke, F. Fischer, L. Zhang*
11:00 – 12:30  |  Scientific Symposium  |  Conference Room 6

**ADHD in Adults and Psychosomatic Diseases**
*Chairs: A. Conca (Bolzano, Italy), G. Niklewski (Nuremberg, Germany)*

The Psychoneuroendocrinology of Attention Deficit/Hyperactivity Disorder (ADHD): a theoretical frame for a better pathophysiological knowledge and the development of new treatment strategies

*P. de Rossi (Rome, Italy)*

ADHD in C-L Services: the role of omega 3 beyond the EBM based prescription of metyphenidate/atomoxetine

*A. Conca (Bolzano, Italy), G. Giupponi, L. Sanna, J. Deluca, L. Pagano*

ADHD in adults and eating disorders

*R. D’Amelio (Homburg/Saar, Germany)*

ADHD in adults and the impact on suicidality in C-L psychiatry services

*G. Giupponi (Bolzano, Italy), G. Gatti, L. Pagano, A. Conca*

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11:00 – 12:30  |  Workshop  |  Conference Room 7

**Psychodynamic Bedside Teaching**
*Chairs: K. Philbrick (Rochester MN, USA), M. Beutel (Mainz, Germany), B. Stein (Nuremberg, Germany)*

For detailed information see p. 83

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11:00 – 12:30  |  Workshop  |  Conference Room 5

**How to Get Your Paper Published: the Editors’s Point of View**
*Chair: A.F.G. Leentjens (Maastricht, The Netherlands)*

For detailed information see p. 83

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12:30 – 13:30  |  EAPM Working Group  |  Conference Room 1

**Integrative Care and Management of Complexity: INTERMED (Open session)**
*Chairs: A. Boenink (Amsterdam, The Netherlands), S. Ferrari (Modena, Italy)*

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12:30 – 13:30  |  Special Interest Group  |  Conference Room 2

**Transplantation Medicine (Open session)**
*Chairs: F. Vitinius (Cologne, Germany), I. Mucsi (Toronto, Canada)*

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12:30 – 13:30  |  EAPM Working Group  |  Conference Room 3

**Early Career Psychiatrists (Open session)**
*Chair: G. Airagnes (Paris, France), K. Schmelzer (Nuremberg, Germany)*

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12:30 – 13:30  |  EAPM Working Group  |  Conference Room 4

**Working Group on Cardiovascular Prevention Guidelines**
*Chair: K. Orth-Gomer (Stockholm, Sweden)*

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12:30 – 13:30  |  EAPM Working Group  |  Conference Room 7

**The Child and Adolescent Working Party (Open session)**
*Chair: C.U. Rask (Aarhus, Denmark)*

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12:30 – 13:30  |  Meeting  |  Conference Room 5

**JPR Editorial Board Meeting (Closed session)**
*Chair: P. Bakker (Amsterdam, The Netherlands), A.F. Leentjens (Maastricht, The Netherlands), J. Levenson (Richmond, VA, USA)*

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12:30 – 13:30  |  Lunch Break (see p. 87)  |  Foyer
Program – Friday, July 3rd, 2015  |  13:30 - 16:45

13:30 – 15:00  |  Plenary Lecture  | Lecture Hall

Challenges & Chances
*Chairs: Silvia Ferrari (Modena, Italy), Bernd Loewe (Hamburg, Germany)*

Opportunities and Challenges for Psychosomatic Medicine - 2015 and Beyond
*R. Kathol (Minneapolis/Burnsville, USA)*

Award in memory of Alison Creed for life time achievement in the field of Psychosomatic Medicine/Consultation Liaison Psychiatry
*Introduction to Alison Creed Award: F. Creed (Manchester, UK)*
*Introduction to the awardee: B. Loewe (Hamburg, DE)*

Investigating chronic pain
*K. Kroenke (Indianapolis, USA)*

15:00 – 15:15  |  Coffee Break  | Foyer

15:15 – 16:45  |  Scientific Symposium  | Lecture Hall

Three Recent Cochrane Reviews of Interventions for Somatoform Disorders: Where Do We Stand and How to Increase the Body of Evidence?
*Chairs: H. van der Horst (Amsterdam, The Netherlands), P. Henningsen (Munich, Germany)*

Enhanced care by generalists for functional somatic symptoms and disorders in primary care, a Cochrane systematic review
*M. Rosendal (Aarhus, Denmark), N. Blankenstein, R. Morriss, P. Fink, M. Sharpe, C. Burton*

Non-pharmacological interventions for somatoform disorders and medically unexplained physical symptoms (MUPS) in adults, a Cochrane systematic review
*N. van Dessel (Amsterdam, The Netherlands), M. Den Boeij, J.C. van der Wouden, M. Kleinstäuber, S.S. Leone, B. Terluin, M.E. Numans, H.W. van Marwijk*

Pharmacological interventions for somatoform disorders in adults, a Cochrane systematic review
*M. Kleinstäuber (Marburg, Germany), M. Witthöft, A. Steffanowski, M.W. van Marwijk, W. Hiller, M.J. Lambert*

Interventions for somatoform disorders: how to increase the body of evidence?
*J.V. van der Wouden (Amsterdam, The Netherlands), P. Fink, H.E. van der Horst*

15:15 – 16:45  |  Scientific Symposium  | NP  | Conference Room 1

Neuropsychiatry
*Chairs: A.F.G. Leentjens (Maastricht, The Netherlands), G. Schuessler (Innsbruck, Austria)*

Acute brain failure: Pathophysiology, prevention, and treatment of delirium
*J. Maldonado (San Fransisco, USA)*

Neuroinflammation and Delirium: blood transfusions as triggers of delirium
*J. Maldonado (San Fransisco, USA)*

Emotional processing in Parkinson patients: an fMRI study
*A.F.G. Leentjens (Maastricht, The Netherlands), A.J. Moonen, M. Wiesing, G.F. Fink, P.H. Weiss*

Recognition of facial expression of emotion in patients with personality disorders: „Everywhere anger?“
*G. Schüssler (Innsbruck, Austria), T. Beck*

15:15 – 16:45  |  Scientific Symposium  | PT  | Conference Room 2

Research on Attachment
*Chairs: J. Behringer (Erlangen, Germany), B. Strauss (Jena, Germany)*

Can unresolved attachment status after bereavement or separation be predicted from emotional awareness and heart rate variability?
*J. Behringer (Erlangen, Germany), J. Heider, F. Orthuber, P. Semmler, G. Spangler*

Does unresolved attachment predict functional cognitive impairments after the activation of attachment related anxiety?
*C. Subic-Wrana (Mainz, Germany), M. Beutel, J. Wiltink, N. Pastore*

Contributions of patient and psychotherapist attachment status to treatment outcome, and the role of the patient’s openness
*K. Petrowski (Dresden, Germany), A. Kracz, P. Joraschky*

The relevance of attachment status in various stressful conditions for cognitive functioning, resolution of loss and separation, and psychotherapy outcome: Discussion
*B. Strauss (Jena, Germany)*
15:15 – 16:45  |  Scientific Symposium  | Conference Room 7

**Satellite Symposium of the International Society of Behavioral Medicine (ISBM): Behavioural Medicine in the Psychosomatic Context**

*Chairs: C. Vögele (Wolferdange, Luxembourg), M. Novak (Budapest, Hungary/Toronto, Canada)*

Burnout syndrome, coping strategies and risk behaviour in physicians working with terminal patients

O. Popa-Velea (Bucharest, Romania)

Psychobiological Mechanisms underlying the Effects of Couple Interactions on Health

B. Ditzen (Heidelberg, Germany)

System barriers and women’s beliefs on cervical cancer screening in Romania & Bulgaria

A. Baban (Romania/Bulgaria), I. Todorova, C. Craciun

The role of behavioural sciences and psychosomatic medicine in sleep health

M. Novak (Budapest, Hungary/Toronto, Canada), I. Mucsi

16:45 – 17:15  |  Coffee Break  | Foyer

17:15 – 19:00  |  Scientific Symposium  | SOM  | Lecture Hall

**Somatic Symptom Disorders: Management & Treatment**

*Chairs: P. Henningen (Munich, Germany), P. Fink (Aarhus, Denmark)*

Somatic symptom profiles in the general population:

A latent class analysis in a Danish population-based health survey

M. Elaisen (Glostrup, Denmark), S. Kreiner, J.F. Ebstrup, C.H. Poulsen, P.K. Fink, T. Jørgensen

Evaluation of a stepped, collaborative and coordinated health care network for somatoform and functional disorders (Sofu-Net)

M. Shedden-Mora (Hamburg, Germany), K. Lau, B. Groß, M. Gladigau, A. Gumz, K. Wegscheider, B. Löwe

Are self-help interventions an effective treatment for medically unexplained symptoms?

A. van Gils (Groningen, The Netherlands), R.A. Schoevers, I.J. Bonvanie, J.M. Gelauff, A.M. Roest, G.J. Rosmalen

Long-term economic evaluation of group CBT for functional somatic syndromes

A. Schröder (Aarhus, Denmark), E. Ørnbøl, J.S. Jensen, M. Sharpe, P. Fink

An explanatory framework for Medically Unexplained Symptoms in medical consultations

C. Burton (Aberdeen, UK), V. Deary, J. Clelland, L. Morton, A. Elliott

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**Program – Friday, July 3rd, 2015  |  15:15 - 19:00**

15:15 – 16:45  |  Workshop  | Conference Room 3

**When is Suicide Something Else? Suicide Assessment and Management in Medical/Surgical Settings**

*Chair: J. M. Bostwick (Rochester, Minnesota, USA)*

For detailed information see p. 84

15:15 – 16:45  |  Scientific Symposium  | Conference Room 4

**Psychosomatic Medicine in Japan and South Korea**

*Chairs: E.J. Kim (Seoul, Rep. of Korea), Y. Kishi (Tokyo, Japan)*

New advances in psycho-rheumatology and organ transplant psychiatry in Japan

K. Nishimura (Tokyo, Japan)

Distressed personality without a partner enhances the risk of depression in patients with coronary heart disease.

M.-S. Lee (Seoul, Rep. of Korea), E.J. Kim

Preventive effects of Ramelteon on delirium

K. Hatta (Tokyo, Japan)

Characteristics of patients with mental problems and the care by medical staff in a general hospital emergency room in Japan

Y. Yoshida (Kumamoto, Japan), S. Hashimoto, M. Harada, K. Yamashita, K. Watanabe, T. Takahashi, D. Fujisawa

15:15 – 16:45  |  Scientific Symposium  | Conference Room 6

**Longitudinal Symptomatology of Depression and Anxiety in Chronic Conditions**

*Chairs: M. Hotopf (London, UK)*

One-off screen predicts future symptoms of depression and anxiety in Coronary Heart Disease

J.E. Palacios (London, UK), M. Khondoker, A. Tylee, M. Hotopf

The impact of baseline and persistent symptoms of depression and anxiety on long-term physical health outcomes and response to treatment in Rheumatoid Arthritis


Analysing the longitudinal course of depression - a comparison of different methods

T. Hoekstra (Amsterdam, The Netherlands)

Distinct developmental trajectories of late life depression: their predictors, patterns, and association with health related outcomes

S.E.M. van Dijk (Amsterdam, The Netherlands), C. Barbosa-Leiker, J.E. Bosmans, T. Hoekstra, H. van Marwijk

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Program – Friday, July 3rd, 2015 | 17:15 - 19:00

17:15 – 19:00 Scientific Symposium Conference Room 1

**Psycho-Dermatology**

*Chairs: U. Gieler (Giessen, Germany), L. Tomas-Aragones (Zaragoza, Spain)*

Secreted mammal Ly-6/urokinase-type plasminogen activator receptor-related proteins (SLURPs) are altered both in chronic disease (atopic dermatitis) and mental (depression) disease

*E.M.J. Peters (Giessen, Germany), J. Kupfer, B. Raghavan, A.L. Urban, W. Kummer, J. Kruse, U. Gieler*

Body dysmorphic concerns in dermatology

*L. Tomas-Aragones (Zaragoza, Spain), S.E. Marron*

Skin Picking – new topic – new treatments

*U. Gieler (Giessen, Germany), T. Gieler, E. Peters*

How much do patients with skin conditions itch, and how does it affect their lives

*R. Campos-Rodenas (Zaragoza, Spain), S. Boira, S.E. Marron*

Skin and Psyche: What’s new in Psychodermatology?

*U. Gieler (Giessen, Germany), F. Poot, L. Tomas-Aragones, E. Peters*

17:15 – 19:00 Scientific Symposium Conference Room 2

**Psychoneuroimmunology: On the Bidirectional Relationships between Behavioral Factors and Immune Activity**

*Chair: T. Lange (Lübeck, German), C. Schubert (Innsbruck, Austria)*

On the complex interrelationships between stressors, sleep disturbance and immunological and endocrinological stress system variables: an integrative single case study on a healthy woman

*C. Schubert (Innsbruck, Austria), M. Singer, W. Geser, D. Fuchs*

Cause-effect relations between immune activity and sleep in a patient with prior breast cancer and current cancer-related fatigue and depression: A time-series analysis approach

*M. Singer (Innsbruck, Austria), W. Geser, S. Peterlini, K. Fritzsche, C. Burbaum, D. Fuchs, C. Schubert C*

Effects of different antidepressants on pro-inflammatory cytokines in rats undergoing chronic mild stress without lipopolysaccharide induction

*R.C. Ho (Singapore, Singapore)*

The interaction between physical activity and neuroinflammation

*K. Krüger (Giessen, Germany)*

Sleep, sleep deprivation and immune functions

*T. Lange (Lübeck, Germany), L. Besedovsky, S. Dimitrov, E.-M. Schmidt, J. Born*

17:15 – 19:00 Scientific Symposium Conference Room 3

**Brain Neuroimaging**

*Chairs: A. Bulbena (Barcelona, Spain), M.-F. O’Connor (Tucson, USA)*

Approach and avoidance in complicated grief: Neuroscience results and clinical implications

*M.-F. O’Connor (Tuscon, USA)*

Brain neuroimaging in Psychiatry: ADHD, schizophrenia and anxiety

*O. Vilarroya (Barcelona, Spain)*

Brain neuroimaging in pain disorder

*M. Noll-Hussong (Ulm, Germany)*

Neuroimaging of the joint hypermobility syndrome: The role of interoception

*N. Mallorqui (Barcelona, Spain)*

The neuroconnective phenotype: A new model of Illness. Preliminary data

*A. Bulbena (Barcelona, Spain)*

17:15 – 19:00 Scientific Symposium Conference Room 4

**Psychosomatic Medicine in Obesity: Mechanisms and Interventions**

*Chairs: K. Giel (Tübingen, Germany), A. Müller (Hannover, Germany)*

Targeting impulsivity in Binge Eating Disorder

*K. Giel (Tübingen, Germany), M. Teufel, K. Schag, S. Zipfel*

How to treat binge eating disorder: Is Dialectical BehaviourTherapy as effective as Cognitive Behaviour Therapy?

*M. Lammers (Nijmegen, The Netherlands), M. Vroling, M. Ouwens, T. van Strien*

Psychosocial predictors of post-operative excess weight loss after bariatric surgery


Nutrition and eating behavior 4 years after laparoscopic sleeve gastrectomy

*M. Teufel (Tübingen, Germany), S. Ölschläger, H. Sauer, T.Meile, K. Giel, S. Zipfel, I. Mack*

Physical activity and cognitive functioning in patients undergoing bariatric surgery

*A. Müller (Hannover, Germany), S. Langenberg, M. Schulze, M. Marschollek, M. de Zwaan*
17:15 – 19:00  Scientific Symposium  Conference Room 6

**Anxiety & Depression in the Medically Ill**
*Chairs: F. Geiser (Bonn, Germany), A. Lobo (Zaragoza, Spain)*

Depression at the time of hospital discharge in internal medicine inpatients
A. Lobo (Zaragoza, Spain), R. Campos, G. Marcos, F. Barcones, A. Bulbena, J. de Pablo,
E. García-Camba, J. Farré, M. Girón, G. Manolo, A. Campayo, M. Lazano, C. Mingote,
L. Salvador-Carulla, P. Saz

Enhancing depression screening in cardiology with active patient participation:
The DEPSCREEN-INFO Randomised Clinical Trial
B. Löwe (Hamburg, Germany), S. Blankenberg, K. Wegscheider, H.H. König, D. Walter,
A.M. Murray, B. Gierk, S. Kohlmann

Are we betting on the wrong horse? Anxiety instead of depression as a causal risk factor for heart disease
A. Roest (Groningen, The Netherlands), K.M. Scott, P. de Jonge

Does anxiety mean the same in English and German language? Evaluation of the psychometric equivalence of the PROMIS® Anxiety Item Bank and its German translation
I. Wahl (Hamburg, Germany), J. Rutsohn, D. Cella, B. Löwe, M. Rose, E. Brähler, P. Pilkonis,
B. Schalet

Hope – a useful scientific concept in psychosomatics?
F. Geiser (Bonn, Germany), K. Zajackowski, A.-S. Koch

17:15 – 19:00  Scientific Symposium  Conference Room 7

**Psycho-Oncology**
*Chairs: J. Jenewein (Zurich, Switzerland), M. Keller (Heidelberg, Germany)*

Couples and family-oriented interventions to alleviate psychological distress in cancer patients and their partners/families
M. Keller (Heidelberg, Germany), J. Jenewein, J. Alder

Web-based counseling for families with parental cancer: First data on effectiveness for children’s psychosocial well-being
J.H. Huggenberger (Basel, Switzerland)

A relaxation strategy for reducing chemotherapy side-effects
J. Hunter (Toronto, Canada), A. Chaoul, M. Fisch, M. Harden-Harrison, R. Bassett, D. Sue,
R. Maunder, L. Lagrone, L. Cohen

19:30  Bus Transfer

**Bus transfer from the Conference Venue Meistersingerhalle to the Nuremberg Town Hall (Altes Rathaus) will be offered (approx. 20 min.)*

20:00 – 1:00  Conference Dinner & Party  Town Hall

**Conference Dinner & Party**

*Venue: Town Hall (Altes Rathaus/Wolffscher Bau)*
Rathausplatz 2, 90403 Nürnberg

*Greetings: H. Riedl, Financial Counsellor of the City of Nuremberg*

*Music: Doc Horn & The Hornbabes (Berlin)*

*For detailed information see p. 84*
Program

Saturday July 4th, 2015

EAPM 2015

Challenges and Chances for Psychosomatic Medicine in Health Care

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<td>08:00</td>
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<td>09:00</td>
<td>Psychotherapy with the Medically Ill: Internet Based Methods</td>
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<td>Coffee Break</td>
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<td>EAPM Young Investigator’s Award Lecture</td>
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<td>13:00</td>
<td>Poster Awards &amp; Closing Ceremony</td>
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<td>14:00</td>
<td>Consensus Meeting Transplantation Medicine</td>
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<td>Special address: General Hospital Nuremberg, Prof. Ernst-Nathan-Str. 1, Building 47</td>
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9:00 – 10:30

Plenary Lecture

Psychotherapy with the Medically Ill: Internet Based Methods
*Chairs: E. Guthrie (Manchester, UK), C. van der Feltz-Cornelis (Tilburg, The Netherlands)*

10:30 – 10:45

Coffee Break

10:45 – 11:30

Poster Session 2

For detailed information see p. 68

17:00

11:30 – 13:00 Plenary Lecture Lect Hall

**Frits Huyse Award Lecture & EAPM Young Researcher’s Award Lecture**

Chairs: U. Malt (Oslo, Norway), A.F.G. Leentjens (Maastricht, The Netherlands)

**The EAPM Frits Huyse Award for outstanding contribution to the development of consultation-liaison psychiatry and integrated care**

*Introduction to the Awardee:* U. Malt (Oslo, Norway)

Exploding myths about medically unexplained symptoms

F. Creed (Manchester, UK)

**EAPM Young Investigator Award, sponsored by Elsevier**

*Introduction to the Awardee:* A.F.G. Leentjens (Maastricht, The Netherlands), P. Bakker (Amsterdam, The Netherlands)

Workplace bullying among junior physicians in relation to depressive symptoms: The chicken, the egg or both?

A. Loerbroks (Duesseldorf, Germany)

13:00 – 13:30 Plenary Session Lect Hall

**Poster Awards & Closing Ceremony**

W. Söllner (Nuremberg, Germany), G. Schüssler (Innsbruck, Austria), U. Werneke (Lulea, Sweden)

14:00 – 17:00 Meeting TM General Hospital Nuremberg

**Consensus Meeting Transplantation Medicine** *(Open session)*

Chair: F. Vitinius (Cologne, Germany), Istvan Mucsi, Marta Novak, Stephen Potts

Altruistic or non-directed organ donation is practised to differing degrees in different countries, predominantly but not exclusively for kidneys. Some countries have undertaken it for years, some have adopted it recently, and others do not undertake it at all. In those countries which do undertake it there is wide variation in the arrangements for mental health assessments of prospective donors.

This meeting, convened by the Transplantation Medicine SIG of EAPM, is a first attempt to establish consensus guidance on the timing, methods, purpose, nature and outcomes of mental health assessments of altruistic donors. There will be presentation from the perspective of the UK & Ireland, US, Canada and other countries, followed by discussion which is hoped will generate written guidance.

**Cave:**
The meeting takes place in General Hospital Nuremberg, Prof. Ernst-Nathan-Str. 1, Building 47
**Poster Session 1 – Thursday July 2nd – 16.45 – 17.30**

**Body Image & Eating disorders**

*Chair: K. Giel (Tübingen, Germany)*

**P1_01** Eating disorders symptoms in female athletes  
Koraj I (Rijeka, Croatia), Pokrajac-Bulian A

**P1_02** Additive dance-therapeutic interventions reduce bodyweight in obese patients more effective than only movement therapy - a controlled study  
Loew TH (Regensburg, Germany), Golomb E, Bernhardt A

**P1_03** Subsequent in- and out-patient treatment of severe and comorbid eating disorders: a complex psychodynamic-integrative therapy between the poles of psychiatric and psychosomatic medicine  
Purucker M (Bayreuth, Germany), Huber V, Hempfling F, Wolfersdorf M

**P1_04** Traumatic experiences and familiar relations of two patient groups with bulimia nervosa and healthy controls  
Susa A (Ulm, Germany), Müttel T, von Wietersheim J

**P1_05** Body-relatedness in severe somatoform disorder: evaluation of the Dresden Body Image Questionnaire  
Scheffers MWJ (Zeist, The Netherlands), Kalisvaart HIB, Van Busschbach JT, Van Broeckhuysen-Kloth S, Bosscher RJ, Schoevers RA, Geenen R

**P1_06** Body drawings as an assessment tool for body-relatedness in patients with severe somatic symptom disorder  
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De Vroege L (Tilburg, The Netherlands), Van Der Feltz-Cornelis C, Khasha D

**P2_63** Patient-tailored modular treatment for patients with multiorgan bodily distress syndrome: A pilot study with focus on heterogeneity  
Frølund Pedersen H (Aarhus, Denmark), Frosthom L, Fjordback L, Rehfeldt E, Fink P, Schrøder A

**P2_64** Functional limitations in functional somatic syndromes and recognized somatic diseases. Results from the general population cohort LifeLines  
Joustra ML (Groningen, The Netherlands), Janssens KA, Bültmann U, Rosmalen JG

**P2_65** Neuroticism and maladaptive coping among patients with functional somatic syndromes  
Frølund Pedersen H (Aarhus, Denmark), Frosthom LB, Oernboel E, Jensen J, Søndergaard, Schröder A

**P2_66** Physical comorbidity in patients with severe functional somatic syndromes. A register study  
Skovenborg E (Aarhus, Denmark), Høeg M, Ørnbøl E, Rask C, Schröder A

**P2_67** Medically Unexplained Symptoms are related to entry into care, but not to number of treatment contacts for mental problems: a NEMESIS-2 study.  
van Eck van der Sluijs J (Tilburg, The Netherlands), ten Have M, Rijnders C, van Marwijk H, de Graaf R, van der Feltz-Cornelis C

**Supportive Care & Outcome in Organ Transplantation**

Chair: P. Zimbren (New Haven, USA)

**P2_68** Psychological support for patients and donor families  
Bellew M (Leeds, UK)

**P2_69** An update on organ transplantation in Hungary  
Gazdag G (Budapest, Hungary)

**P2_70** Update on vascularized composite allotransplantation  
Jowsey-Gregoire S (Rochester, USA)

**P2_71** The facial transplantation experience through the eyes of the patient and the partner: Preliminary Results of an interpretative phenomenological study  
Lemmens GMD (Ghent, The Netherlands), Hendrickx H, Van Parys H, Poppe C, Roche NA, Peeters PC, Vermeersch HF, Rogiers X, Van Lierde K, Blondeel PN

**P2_72** Psychiatric and medical adverse events for kidney transplant recipients with lithium induced kidney disease  
Formica R (New Haven, USA), Asch W, Letieri D, Kulkarni S, Mulligan D

**P2_73** Living donor outcomes following recipient graft loss or death  
Jowsey-Gregoire S (Rochester, USA), Schneekloth T, Niazi S, Vasquez A
THURSDAY JULY 2ND, 2015

8:30 – 11:45 Carus Master Class COL Conference Room 2

Research on Implementation and Outcome of Models of Collaborative Care
Chair: J. Unützer (Seattle, USA)

In this master class, we will explore research questions, research methods, and practical tips for research on collaborative care. Research questions will include questions about practice settings, target conditions and populations, and questions about the reach and the effectiveness of different collaborative care programs. Research methods explored will range from study design to sampling, intervention design and implementation, and evaluation. Finally, we will explore the involvement of key stakeholders in the study design, implementation, and in the effective communication and dissemination of research findings. We will use two examples of current collaborative care studies to illustrate key questions, including a study of collaborative care for high risk mothers in primary care and a large-scale study of implementing collaborative care programs in over 80 clinics. Workshop participants will also be encouraged to bring their own study questions about collaborative care research and we will use these as examples to illustrate key research questions and methods.

8:30 – 11:45 Carus Master Class EC Conference Room 3

Symptoms Research in Psychosomatic Medicine - Conducting Practical Clinical Trials
Chair: K. Kroenke (Indianapolis, USA)

This will be an interactive workshop in which the instructor will weave in practical suggestions about designing and conducting symptom-focused intervention studies while discussing projects in development by the workshop participants. While clinical researchers often target specific diseases, much of what patients experience and report are symptoms which are not specific to a particular disease but instead cut across most medical and psychological disorders. Examples include somatic symptoms (e.g., pain, fatigue, insomnia, and symptoms related to the gastrointestinal, cardiopulmonary, neurological, or genitourinary systems) as well as mood symptoms (e.g., depression, anxiety). These are ideal targets for psychosomatic researchers.

Based upon his experience in conducting more than a dozen pragmatic trials focused on somatic and psychological symptoms, Professor Kroenke will cover a variety of topics including: 1) Designing the intervention; 2) Choosing an appropriate control arm; 3) Selecting primary and secondary measures; 4) Defining the patient sample; 5) Recruiting and retaining subjects; 6) Minimizing confounding and bias; 7) Addressing human subjects issues; 8) Contemplating alternatives to a parallel group design. Workshop participants will be encouraged to submit questions about their own projects in advance of the session as well as raise topics to discuss during the workshop itself. The goals of the workshop are to increase the knowledge, skills, and confidence of participants in carrying out their own intervention studies.

8:30 – 11:45 Carus Master Class NP Conference Room 4

Chairs: J. Rundell (Rochester, USA), U. Malt (Oslo, Norway), T. Elvsåshagen (Oslo, Norway)

During the first part of this course, Dr. Elvsåshagen and Dr. Malt will discuss the role of neuroplasticity and neurogenesis in psychosomatic disorders and how it can be measured in patients using ongoing studies on mood disorders as an example. Techniques to be addressed include MRI based thickness and morphometric measures of cortex areas of particular interest in psychosomatic medicine, MRI based techniques to measure ongoing neurogenesis and electrophysiological measures of synaptic plasticity. The participants will be given opportunity to discuss own ideas and research in relation to these topics. During the second part of the course, Dr. Rundell will review the current status of the worldwide literature on the neurobiology of posttraumatic stress disorder, stratifying the collective findings by quality of evidence, and reviewing how the quality of evidence is defined. He will use illustrative examples of PTSD structural, neuropsychological and functional neuroimaging studies to demonstrate the strengths and potential confounders of neuropsychiatric research. Finally, he will review research frontiers in PTSD, engaging the attendees in discussion about methodological opportunities and barriers.

8:30 – 10:00 Carus Master Class COL Conference Room 5

Stop Wasting Money!
How to Deploy Integrated Medical and Psychiatric Services with Clinical and Economic Value
Chairs: R. G. Kathol (Minneapolis/Brunsville, USA), C. Lattimer (Little Rock, USA)

Medical and psychosomatic conditions interact and lead to predictably worse clinical outcomes, functional impairment, and higher health care costs with persistent medical and psychosomatic symptoms, yet internationally medical and psychiatric services are provided independently as if the interaction and need for care coordination did not exist. This symposium - discusses data on clinical and economic outcomes of the current segregated approach to medical and psychosomatic care delivery - defines medical and psychosomatic integration - reviews inpatient and outpatient models with clinical and economic promise.
- summarizes the roles of psychosomatic specialists and other medical practitioners in transitioning to integrated systems with better health and cost outcomes for patients with comorbid medical and psychosomatic conditions
- Since patients with concurrent medical and psychosomatic conditions often have health complexity, the symposia will also present information about an important enhancement to traditional disease-oriented care, i.e., biopsychosocial and health system assistance and support services provided by collaborating health professionals, such as nurses and social workers.

Research now indicates that 10% of patients use 70% of health resources. Sixty to eighty percent of these patients have concurrent medical and psychosomatic illnesses but are seen primarily, if not exclusively, in the medical setting. During the past 20 years, promising models of integrated care have emerged, however, few know the data about which add value and even fewer are aware of the transition steps that leadership in psychosomatics should take to improve health and cost outcomes, including the use of assist and support services by nurses and social workers.

Health services research provides direction for those wishing to provide access to services that improve health and cost outcomes for these patients. This symposium discusses why steps should be taken and how to start.

**Intensive Short-term Dynamic Psychotherapy: An Introduction to the Method Demonstrated by Audiovisually-Recorded Interviews with a Patient with Somatization Disorder**

*Chair: I. Oster­tag (Nuremberg, Germany)*

The focus of this workshop is on history, theory, technique and metapsychology of Intensive Short-term Dynamic Psychotherapy (IS-TDP) which has been developed by Habib Davanloo, professor emeritus of psychiatry at McGill University in Montreal over more than 50 years and which is based on empirical research using video-technology. The standard technique is effective for patients suffering from phobic, obsessional, depressive, panic disorders, posttraumatic stress disorders and somatization and - with some modifications - for patients with fragile character and structural pathology. What makes the method so effective? Transference is the key. Concentrating on emotions in the transference, the therapist mobilizes conscious and unconscious therapeutic alliance, complex transference feelings, unconscious anxiety and resistances. Dealing actively with these dynamic components, the therapist will strengthen the patient’s resources. The patient will be able to face his repressed intense feelings (rage, guilt, grief and loving feelings) in direction of the therapist. The “Breakthrough into the Unconscious” will lead to a specific traumatic experience, which then can be worked through in relation to important figures of the past. This provides a direct insight into the psychopathological dynamic forces which are responsible for symptoms and character disturbances, leading to a relief of the symptoms and to multidimensional structural changes in the patient. Several studies show good clinical evidence and cost effectiveness of this method corroborating Davanloo’s pioneering research. By demonstrating audiovisually-recorded interviews with a patient with somatization disorder the participants of this workshop will experience a vivid introduction in the practical work with IS-TDP.

**Update of Psychopharmacological Treatment of Medically Ill Patients**

*Chair: J. Levenson (Richmond, USA)*

**Family Therapy For Adolescents With Functional Somatic Symptoms:**

*A Systemic Narrative Approach on a Biopsychosocial Foundation*

*Chair: G. Dehlholm (Denmark)*

FSS are common in children and adolescents, resulting in significant morbidity and health expenses. In daily clinical practice there is limited consensus regarding the treatment. To understand FSS, a biopsychosocial framework is generally accepted. This includes biological, psychological and social elements with special emphasis on the significance of family factors. Thus there is an increasing focus on interventions targeting family processes, and the empirical support for family-based treatment for children with mental health problems is growing. However, research is challenged by the fact that “family therapy” is based on a broad definition, which encompasses a wide range of interventions with theoretical and technical eclecticism dominating the field. Research in adults shows that psychological treatment is effective for FSS. According to children and adolescents there is a growing evidence on the effect of psychological treatment. At the department of Child and Adolescent Psychiatry, University Hospital of Southern Denmark, a team of experienced therapists has developed an approach for the treatment of adolescents with FSS. This approach includes a formalized and well-established collaboration with the Pediatric department, University Hospital of Southern Denmark. The treatment is based on a biopsychosocial understanding combined with family therapy with elements of systemic and narrative theories.

**Objective:**

- Presentation of the family therapy approach used in the department of Child and Adolescent Psychiatry, University Hospital of Southern Denmark.
- Discussion of different approaches to family therapy for adolescents with functional somatic symptoms
- Discussion of challenges and advantages of a systemic narrative approach to families of adolescents with functional somatic symptoms
Violence Towards Care Providers in the General Hospital: Strategies for Assessment, Treatment, Safety, and Risk Reduction

Chair: R. Brendel (Boston, USA), J. Rundell (Rochester, USA)

Health care workers face a high rate of workplace violence. Although care providers frequently minimize or discount assaults by patients as illness-related and routine in the course of care, there are nonetheless risks of injury to both patients and staff. In addition, caring for assaultive patients is often resource intensive and may be associated with long length of stay and challenges for discharge. Especially when care providers perceive violence or assaultiveness by a patient as unmanageable, unending, and/or intentional, there may be a desire to take legal action in hopes of effecting a solution to caring for a challenging patient. This workshop will address the evidence base for pharmacologic treatment/reduction of violence in the medically ill patient, present practical strategies for managing the assaultive/violent patient, and incorporate forensic considerations in managing the assaultive patient in medical and surgical settings.

Understanding Violence and Aggression: The Evidence Base for Psychosomatic Medicine Practice, James Rundell MD: Dr. Rundell will present key findings of the recent APM and EAPM Monograph on Violence and Aggression. The presentation will focus on assessing the status of the literature regarding pharmacologic management of aggression and violence.

In the Trenches: Practical Strategies for Managing Violence in the General Hospital, Rebecca Weintraub Brendel MD, JD: Dr. Brendel will discuss risk assessment and management from a behavioral and the factors that may contribute to staff seeking legal options for managing an assaultive/violent patient. A practical framework incorporating clinical and legal (U.S.) factors will be considered.

Discussion: Drs. Rundell and Brendel will lead a question, answer, and discussion period following their presentations.

Learning Objectives:
- Participants will appreciate the risk factors for violence and aggression in the general hospital.
- Participants will achieve a functional understanding of the evidence base informing assessment and management of assaultive/violent patients.
- Participants will gain a practical framework for understanding and managing clinical and forensic considerations raised by the assaultive/violent patient.

The ICD-10-Symptom-Rating-Plus (ISR+)

Chair: K. Tritt (Regensburg, Germany), M. Zaudig, F. von Heymann, T. Loew, W. Söllner

The ISR+, as a standardized diagnostic tool, aims at guiding the clinician through the variety of different diagnostic criteria of the over 850 specific diagnoses of the ICD-10 as easily and quickly as possible while at the same time improving the quality of the diagnostic process. The development of this ISR+ software program, which will be made available free of charge and without requiring any license fees, will be presented.

Methods: This software is based on a reconstruction of the different diagnostic algorithms of the ICD-10 and leads the clinician step by step through the syndrome modules (diagnostic algorithms). Only those modules that are relevant for a specific patient are evaluated each time. The different syndrome modules cover the diagnostic criteria belonging to the specific syndrome. The severity of the diagnostic ICD-10-criteria that were viewed as suitable for self-rating through patients, are evaluated prior to the clinician rating by the patient. These patient ratings are graphically presented to the clinician while performing the clinician rating as additional information. It has to be stressed though that this software should merely be viewed as an assistance for the clinician. The clinician is fully responsible for diagnostic decision making. Finally through repeated use of this software, the clinician should become more and more acquainted with the different diagnostic criteria of the ICD-10.

Discussion: Assuming that only approx. 2-3 syndrome modules need to be rated on average per patient, diagnosing with the ISR+ should – in comparison to other standardized diagnoses systems – be achieved quicker. At the same time the instrument should improve the quality of clinical diagnoses.

The Patient Holds the Key - Idiolectics as an Innovative Interviewing Technique for Effectively Activating Patients Participation in the Therapeutic Process Following Their Idiosyncratic language

Chair: T. Rentel (Erlangen, Germany)

87 % of the therapeutic outcome depends on the client and extratherapeutic factors, while the therapist, the model and technique itself contributes only about 13 % to the overall outcome. „The quality of the patient’s participation ... (emerges) as the most important determinant of outcome“ (Orlinsky et al., 2004). Duncan (Duncan, 2010) advises therapists to privilege clients’ experience and rally their resources to the cause. Therapists should use client feedback as a compass in the adventure of the idiosyncratic trip across the uncharted territory of the clients inner landscapes.

The patients idiosyncratic use of his language patterns is called idiolect. It is the pattern of language or speech that a person uses, including all of his phonetic, grammatical, and word
choice preferences. The idiolect as the unique „fingerprint“ of each person contains valuable references to the implicit knowledge and unconscious patterns of this person. Idiolectics is the methodical, painstaking, and precise handling of idiolect. The idiolectic approach is marked by the uncompromising recognition of the viewpoint of the other. The questioning technique is characterized by simple, short, and open questions, in which the idiolect of the conversational partner is taken up, is seized upon. Here special attention is given to the imagery of the language and to nonverbal signals as a microprocessual feedback.

Self-consciousness, self-worth and self-efficacy are improved implicitly by this way of idiolectic dialogue because the patient is appreciated as expert concerning his unique way of experiencing his symptoms. Idiolectics is empowering patients to access their own capacities for growth. Especially in the treatment of patients with fixed somatic disease concepts or in patients with organic diseases plus psychosomatic symptoms this improves the rapport as well as the outcome of the treatment.

Aim of the workshop: Getting acquainted with the attitude and the basics principles of the idiolectic interview. Asking open, resource-oriented, short questions referring to the exact words the patient uses to describe his symptoms. Didactics: Short input concerning idiolect and idiolectics with case histories. Live-interviews and exercises under supervision.

**Teaching and assessment of communication skills in medicine – from national to European concepts**
Chair: J. Jünger (Heidelberg, Germany)

Physician-patient communication has become increasingly recognized as a core element of patient care. Accordingly, several medical faculties in different European countries have started to integrate the teaching of communication skills into their curricula. However, these communication curricula are largely heterogeneous both between and within European countries. An example for a national initiative to align the different communication curricula in medical education is currently conducted in Germany under the support of the Federal Ministry of Health. This project aims to develop a template for a national, longitudinal communication curriculum in medicine.

In the present working group we aim to broaden the focus beyond the national level and find partners to discuss and compare communication curricula on the European level. Thereby it would be especially important to involve interested partners from psychosomatic medicine in light of this discipline’s engagement and competence regarding communication skills in medicine. We would like to exchange experiences, ideas and concepts as to how the teaching and assessment of communication skills in medical education is realized in other European countries. Thereby, a special emphasis will lie on the integration of communication skills in clinical specialist areas. In the long run, the present initiative serves to collect and develop key concepts and finally, align the education of communication skills in medical curricula on the European level.

**Psychodynamic Bedside Teaching**
Chair: K. Philbrick (Rochester MN, USA), M. Beutel (Mainz, Germany), B. Stein (Nuremberg, Germany)

Aims: The workshop will address two questions: 1) How does dynamically informed consultation provide added value for patients and colleagues? 2) How can we cultivate the development of this skill set in trainees? Introduction: The EAPM and APM both support training C-L psychiatrists and psychosomatists to carry out psychodynamically-informed assessments of how patients unconsciously shape the meaning of their illness and the challenge to press on in life. Faced with multiple competing pressures to efficiently care for medical patients, C-L psychiatrists and allied health professionals will better meet the needs of their patients if they are equipped to listen and think through the whole meaning of the patient’s illness and suffering. Methods: We will address these issues through presentation and discussion of two cases that illustrate the advantage provided by dynamically informed consultation. A panel of experienced and analytically trained C-L experts will show how a psychodynamic understanding of powerful emotional responses in both (a) the patient and his or her relatives and (b) the ward’s medical team and the consultant, enables the examination of transference and countertransference phenomena and underlying unconscious conflicts. Discussion: In conclusion, audience participation in discussion of methods whereby residency and fellowship programs can potentially strengthen the ability and comfort of trainees to integrate dynamic formulation into their consultative work will be actively encouraged.

**How to Get Your Paper Published: the Editors’ Point of View**
Chair: A.F.G. Leentjens (Maastricht, The Netherlands)

This workshop deals with the basics of writing a scientific article and how to get it published. The workshop is focused on young researchers and in this interactive setting, attendants will learn from an editors perspective, how they can write and submit articles that warrant publication, as well as the common flaws and errors that contribute to rejections. Stages of research relevant for later publication of results will be discussed, including initial conception of a research idea, ethical considerations, designing and conducting research, conducting analyses, reporting results and drawing conclusions. Moreover, aspects of the writing of the paper itself, and its subsequent submission to a journal will be discussed.
When is Suicide Something Else? Suicide Assessment and Management in Medical/Surgical Settings  
Chair: J. M. Bostwick (Rochester, Minnesota, USA)

One of the most common consults a psychosomatic service working in medical/surgical settings receives is a request for evaluation of suicidality. While patients have often made suicide attempts that have resulted in med/surg hospitalization, other patients voice suicidal ideation that communicates distress about any number of situations that afflict the hospitalized seriously ill. In this symposium, we will a) review what is known about suicidality in medical/surgical settings, b) discuss the concept of scripts that may underlie suicidal plans or acts, c) explore a model for reclassifying so-called “suicide” as other phenomena according to the presence or absence of collaboration and desire to hasten death, and d) present videotaped case examples that illustrate all these points for group discussion. We will emphasize throughout the workshop how the psychosomatic process of integrating patients’ subjective narratives and objective medical/surgical presentations leads to new understandings and approaches to understanding their suicidality.

Participants will:
1) understand the diverse presentations of suicidality in the medical/surgical setting
2) appreciate the value of suicide scripts in characterizing motives underlying suicidal behavior
3) realize how suicidal ideation is a communication of distress that – if addressed – often eliminates the suicidal ideation

SPECIAL LECTURES IN THE HISTORIC COURT YARD 600 MEMORIUM NUREMBERG TRIALS – TICKETED EVENT

Wednesday, July 1, 2015  
19:00

We kindly invite you to the special lectures by Prof. Leven and Prof.Dimsdale in the historic Courtyard 600 in Nuremberg.

Anatomy of Malice: the Rorschachs of Nuremberg  
Joel E. Dimsdale, M.D., San Diego, USA  

Seventy years ago the International Military Tribunal in Nuremberg conducted an almost yearlong trial of the leading Nazi war criminals. Affiliated with the court were Douglas Kelley, M.D. psychiatrist and Gustave Gilbert, Ph.D psychologist. They had the audacious idea of studying the Nazi leaders’ malice with Rorschach tests. Their findings have been mired in controversy, lawsuits, and, sadly, suicide, but finally these moldering tests have been released. This lecture will discuss how Kelley and Gilbert viewed the psychological states of Robert Ley, Hermann Goering, Julius Streicher, and Rudolf Hess and will frame the observations from the context of contemporary research in social psychology and neuroscience.

The Nuremberg Medical Trial – Lessons to Learn  
Karl-Heinz Leven, Erlangen, Germany  

The Nuremberg Medical Trial (1946/47), initiated by the US, stands as the paradigm example for the symbolic value of justice vs. medical crimes. The trial itself has by now accomplished a history of decades; its direct effects in contemporary German and international medicine have to be discerned from longterm effects, especially concerning the reception of NS-medicine in Germany since the 1980s and concerning international research ethics via the “Nuremberg Code”, originally being part of the sentence at Nuremberg in 1947.

Address: Memorium Nuremberg Trials, Bärenschanzstraße 72, 90429 Nuremberg

Bus Transfer: Bus transfer at 18:15 from the Conference Venue Meistersingerhalle to the Memorium will be offered (appr. 30 min.)
GET TOGETHER

Wednesday, July 1, 2015
17:00

Thursday, July 2, 2015
19:15

Enjoy canapés and a glass of wine with your colleagues and friends in the Meistersingerhalle Nuremberg.

CONFERENCE DINNER & PARTY

Friday, July 3, 2015
20:00

Altes Rathaus Nuremberg (Town Hall) – Ticketed Event

The conference dinner will take place in the old town hall. After a three course dinner, the conference party will continue on the ground floor with music and dance.

The cost of the dinner is 75 €. This price includes beverages during the three course meal, and the meal itself. If you have not booked the dinner at registration and want to participate, please go to the reception desk.

The evening will be accompanied by Doc Horn & The Hornbabes
Doc Horn & The Hornbabes persuade with their easy going Rock’n’Roll!
The nine person band from Berlin, of which one is a long time EAPM member, play together since 2013 and will make the evening unforgettable.

Address: Altes Rathaus, Rathausplatz 2, 90403 Nürnberg

Bus Transfer: Bus transfer at 19:30 from the Conference Venue Meistersingerhalle to the Nuremberg Town Hall (Altes Rathaus) will be offered (appr. 20 min.).

Diet requirements: If you prefer a glutenfree meal please contant the registration desk in order for us to make arrangements.

AIRPORT

For information on arrivals and departures by plane and connecting busses, please see
Albrecht Dürer Airport Nürnberg —> www.airport-nuernberg.de
Munich Airport —> www.munich-airport.de

The U2 subway line directly connects Nuremberg Airport with the central train station thus providing access to Nuremberg’s city center in just 12 minutes!

BADGES

The name badge and tickets, which you receive upon registration, are your admission to all scientific sessions, lunches and beverages. Please wear your name badge on all occasions. If your badge is lost, please contact the registration desk.

BREAKS & EXHIBITIONS

During the breaks, beverages will be provided in the Foyer and Bistro of the Meistersingerhalle. Lunch is included in the conference fee on Wednesday and Friday. Lunch on Thursday will be offered on a customerpaid basis in the Bistro. A restaurant is available in the Ramada Hotel next to the conference venue. Exhibitions by our sponsors will be located in the Foyer.

CHAIRS

We kindly ask the chairs to be present in their session 10 minutes prior to the beginning of the session.

CREDIT CARD / CASH POINTS

After banking hours, cash points accepting major credit cards are conveniently located all over the city. The closest cash point from the Meistersingerhalle is located in
Address: Commerzbank, Allersberger Straße 45, 90461 Nürnberg

EMERGENCY NUMBERS

Police: 110
Ambulance: 112

LOST & FOUND

Please go to the registration desk if you lose or find something.
MEETING VENUES

Conference Venue
Meistersingerhalle
Address: Münchener Straße 21, 90478 Nürnberg

Special Lectures Venue
Memorium Nuremberg Trials
Address: Bärenschanzstraße 72, 90429 Nürnberg

Conference Dinner Venue
Altes Rathaus (Old Townhall)
Address: Rathausplatz 2, 90403 Nürnberg

MEDIA CHECK
All presenters are asked to check in their power point presentation at the media check. The media check is located opposite the registration desk —> Media Collection.

OFFICIAL LANGUAGE
English

ORGANIZING SOCIETIES
The 3rd Annual Scientific Conference of the European Association of Psychosomatic Medicine (EAPM) is organized by the EAPM. The joint pre-conference scientific meeting is organized by the EAPM and the Academy of Psychosomatic Medicine (APM).

PRESS CONFERENCE
Date: Thursday, July 2, 2015
Time: 16.45 – 17.45
Location: Room 5

PROGRAM CHANGES
The organizers cannot assume liability for any changes in the program due to external or unforeseen circumstances.

REGISTRATION / INFORMATION DESK
The registration desk is situated in the entrance area of the Meistersingerhalle. Please register as soon as possible after your arrival. The registration desk is open during all conference hours.

SATELLITE SYMPOSIUM
Satellite Symposia are organised by the International Society of Behavioral Medicine (ISBM) and the European Society for Dermatology and Psychiatry (EADaP)

SHOPPING
Shops in Nuremberg are usually open from Monday to Saturday, 09.30 am – 07.00 pm. Supermarkets and department stores are open until 08.00 pm. Sundays closed. Not all shops accepts credit cards.

STAFF
EAPM 2015 conference staff will be present during the conference to help you with any questions you may have. A staff member will be present in each room during each session. Staff can be recognized by their black clothing and blue scarf.

INTERNET
WiFi Vouchers are available at the registration desk.

PARKING
There are numerous parking spots available at the Meistersingerhalle.
GUIDELINES FOR SPEAKERS

- The supported software for presentation is PowerPoint, Keynote is not allowed.
- All presentations will be presented at a resolution of 1024 by 728 pixels.
- When using videos, MPG and AVI are the most used video formats. Movies created in (Apple) QuickTime have to be converted to MPG or AVI before inserting the video in your presentation.
- Save the videos used in your presentation on your CD/USB memory stick.
- Include your conflict interest statement on the first slide.

Parallel Sessions are 90 minutes long (short track – 4 presentations) or 105 minutes long (long track – 5 presentations). Every presenter has approximately 15 minutes for oral presentation plus 5 minutes of discussion.

Technical help & Media Check

A technician will help to transfer your presentation onto the congress network. After completing the transfer, the technician performs a quick run of the presentation so the speaker can check whether the presentation runs correctly and all parts of the presentation are copied. Inside the room of the session, a technical assistant starts every presentation at the right time using a fixed computer connected to the congress network. When the presentation is launched, the speaker has control and can navigate with a remote device.

The use of a personal laptop for presentations is not allowed. If you bring your laptop to the congress, the technician will copy the files to the central congress network. Your laptop will no longer be needed. Of course, the easiest way is to bring your presentation on CD, DVD or memory stick. After the conference, all presentations will be deleted so that no copyright issues will arise.

The Media Check is located in the basement opposite of the registration.

GUIDELINES FOR POSTER PRESENTATIONS

The poster sessions take place in the Foyer of the Meistersingerhalle. There will be two poster sessions with guided tours for poster discussion during the conference.

- Poster Session 1: Thursday, July 2, 16:45 – 17:30 pm
  - Please hang up your poster on Thursday, July 2, between 12:00 and 16:00.
  - Please take your poster down on Friday, July 3, until 12:00.

- Poster Session 2: Saturday, July 4, 10:45 – 11:30
  - Please hang up your poster on Friday, July 3, between 12:00 and 16:00.
  - Please take your poster down on Saturday, July 4, after 13:00.

If you do not take down your poster in time, it will be removed by the conference staff. EAPM 2015 is not responsible for any poster left behind at the end of the meeting.

Requirements

Dimensions: Portrait, 90 cm wide, up to 150 cm high. We suggest 90 by 130 cm.

Conflict of Interest: Please include your conflict of interest statement in your poster.

Poster Numbers: Please note that the poster numbers in this program refer to the poster number in the guided poster sessions. These numbers are not identical to the abstract number in the Journal of Psychosomatic Research.

ACCREDITATION

The 3rd Annual Scientific Conference of the European Association of Psychosomatic Medicine was granted 21 European CME credits (ECMEC) by the European Accreditation Council for Continuing Medical Education (EACCME).

The Bayerische Landesärztekammer (BLÄK) (Bavarian State Medical Council) has granted the event with the following points:

- Pre-Conference July 1: 8 credits
- Special Lectures July 1: 2 credits
- Conference Days July 2 – July 4: 6 credits (each)

Accreditation certificates will be available at the conference desk starting Friday after 3 pm. All participants will receive a certificate of attendance in addition by mail.
WE HOPE YOU ENJOY YOUR STAY IN NUREMBERG!

DISCOVER NUREMBERG WITH A GUIDED WALKING TOUR
Nuremberg was once an imperial residence, a powerful free imperial city and an international trading center. The prosperous city provided the ideal basis for an active cultural and intellectual life and the arts: Even today, numerous buildings, monuments and artworks still reflect its former importance. Walking Tours in English through the Old Town offer information and insights on the churches, the castle, the fountains and wells as well as the city itself past and present.

Dates: Every day (including Sundays) at 1 pm
Meeting Point: Tourist Information am Hauptmarkt
Hauptmarkt 18, 90403 Nürnberg
Tel: +49 911 2336135

NUREMBERG HIGHLIGHTS
The Nuremberg Tourism Center offers a great overview on Nuremberg highlights on their website à http://tourismus.nuernberg.de

ALBRECHT DÜRER’S HOUSE
Albrecht Dürer’s House, which has recently been restored, presents in a new concept the living and working quarters of one of the most famous painters and graphic artists in art history, namely Albrecht Dürer (1471-1528).

Address: Albrecht-Dürer-Straße 39, 90403 Nürnberg
Phone: +49 (0)911 2312568

DOCUMENTATION CENTRE NAZI PARTY RALLY GROUNDS
The former Nazi Party Rally Grounds are an historical site unlike any other memorial site in Germany. In contrast to the memorial sites within former concentration camps, prisons, etc., reminding us of NS terror and, in turn, of the victims of that tyranny, the area in the southeast district of Nuremberg is a site that was directed at „the taking in of an entire people” (Ignatz Bubis). This is where the Nazi movement celebrated itself in an almost obscene fashion, presenting an appealing but false picture of their regime to the world. As they openly geared people to war, they sowed the seed that would yield a hideous harvest in the above-named sites.

Address: Fascination and Terror
Documentation Centre Nazi Party Rally Grounds
Bayernstraße 110, 90478 Nuremberg
Phone: +49 (0)911 231 56 66
Opening Hours: Monday to Friday, 9 am – 6 pm; Saturday & Sunday, 10 am – 6 pm; Last admission 5 pm

GERMANISCHES NATIONALMUSEUM
Since its founding in 1852 the Germanisches Nationalmuseum has advanced to one of the largest museums of cultural history in the German-speaking world.

A visit to this treasure chest is almost obligatory for any trip to Nuremberg. It offers every new discoveries, even for those who come more often to stroll through cultural history, starting with the Pre- and Protohistory section and ranging all the way to the present. Particular highlights include works of Albrecht Dürer, Veit Stoß and Rembrandt, the earliest surviving terrestrial globe, the first pocket watch in the world as well as the largest collection of historical musical instrument in Europe.

Address: Kartäusergasse 1, 90402 Nürnberg
Phone: +49 (0)911 2346590
Opening Hours: Tue – Sun: 10 am – 6 pm; Wed: 10 am – 9 pm

KAISERBURG UND KAISERBURGMUSEUM (IMPERIAL CASTLE + MUSEUM)
The Imperial Castle atop the rocky promontory above Nuremberg was one of the most important fortified imperial palaces of the Old Holy Roman Empire.

Address: Castle Administration | Auf der Burg 13, 90403 Nürnberg
Phone: +49 (0)911 2346590
Opening Hours: daily 9 am - 6 pm

LORENZKIRCHE (ST. LAWRENCE CHURCH)
Building begun about 1250. Originally built as a three-aisled basilica in the high Gothic style; later extended with an imposing late Gothic hall choir (1439-1477). Magnificent west facade with splendid portal richly decorated with statuary and rose window (mid-14th c.). Two towers 80 and 81 meters high. Important works of art: the Annunciation by Veit Stoß (1518), tabernacle by Adam Kraft (1496), medieval altars, memorial plaques, stained glass.

Address: Lorenzer Platz 10, 90402 Nürnberg
Phone: +49 (0)911 23469914

STRASSE DER MENSCHENRECHTE (THE WAY OF HUMAN RIGHTS)
The Way of Human Rights is entered through a stylized triumphal arch from the Kornmarkt and lined by 27, 9-meter-high concrete pillars.

For more information and inspiration see the President’s Favorites in the conference bag
NUREMBERG PUBLIC TRANSPORT SYSTEM

Nuremberg offers a greatly developed public transport system. All information can be found on www.vgn.de

Public transport from the conference venue Meistersingerhalle to the city center

- Tram Number 9 "Nürnberg Meistersingerhalle" to "Nürnberg Hbf (Main Station)"
- Underground U1 "Nürnberg Hbf" to "Nürnberg Lorenzkirche"

The prize for a single ticket is 2.60 €. Tickets have to be bought at the machines at the stations.

TAXIS

Numerous taxis are located throughout Nuremberg. The hotel receptionists will be pleased to assist you.

Taxizentrale Nürnberg: +49 911 19410
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Welcome to Luleå and the 4th annual scientific conference of the European Association for Psychosomatic Medicine (EAPM).

**Date:** 16–18 June, 2016

**Place:** Kulturens Hus Conference Center/Clarion Hotel Sense, right in the centre of Luleå with views over the bay area.

- Take part in the latest developments in academia, research and practice of psychosomatic medicine and liaison psychiatry and enjoy the magic of the arctic midsummer light.
- Share your research and clinical experience and network with colleagues from Europe and from all over the world.
- Be inspired by world-leading experts in psychosomatic medicine and liaison psychiatry.

Programme and registration: [eapm2016.com](http://eapm2016.com)

Norrbotten County Council in collaboration with the European Association of Psychosomatic Medicine